**Diversity Circles™ Self- Assessment Skills Evaluation (At the Start of the journey)**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date: / /**

**(1= Poor 5= Excellent)**

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| **Skills and Attributes** | | **Please Tick Box** | | | | |
| **1** | **2** | **3** | **4** | **5** |
| 1 | Confidence |  |  |  |  |  |
| 2 | Assertiveness |  |  |  |  |  |
| 3 | Sensitivity to others |  |  |  |  |  |
| 4 | Building new relationships |  |  |  |  |  |
| 5 | Communication Skills |  |  |  |  |  |
| 6 | Networking Skills |  |  |  |  |  |
| 7 | Negotiation Skills |  |  |  |  |  |
| 8 | Knowledge about training others |  |  |  |  |  |
| 9 | Knowledge of how to motivate others |  |  |  |  |  |
| 10 | Self-Motivation |  |  |  |  |  |
| 11 | Leadership Skills |  |  |  |  |  |
| 12 | Efficiency |  |  |  |  |  |
| 13 | Problem Solving Skills |  |  |  |  |  |
| 14 | Goal Setting |  |  |  |  |  |
| 15 | Management of Stress |  |  |  |  |  |
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